

Dr. Jones Answers Some Questions About 'Gee Gee'

By MARTHA R. JONES, PH. D.

In response to the scores of inquiries about Big Gee Gee Super Syrup and suggested "grains-greens diet balance" from *Herald of Health* readers following the articles in the July and August issues, I would like to answer a few of them, starting with the most-frequently-asked questions.

What is Big Gee Gee Super Syrup? It is a delicious, exceptionally nutritious table syrup, primarily, I call it "liquid grass, plus." It is made of the whole untreated juice of unsprayed, unburned sugar cane grown especially for syrup-making, and pure lemon juice enriched with the water extract of lemon pulp and inner white peel (bioflavonoids.) It is a superior food because of its wealth of grass and citrus nutrients in natural form, and its freedom from additives and their break-down products, and contaminants—insecticides, charcoal, tars, etc.—commonly occurring in the expressed juices of sprayed and field-burned sugar cane.

What is Big Gee Gee Super Syrup good for? "Yummie" is the word for it when poured over whole grain-butter-milk-egg pancakes, waffles and other grain products with which it forms an ideal (nutritionally speaking) "grains-greens" (Gee Gee) combination. In principle, this is the age-old practice of feeding grass to a grain (stall) fed cow, or putting her out to pasture. That the quality of the grass spells the difference between champion race horses and those that "also ran" is currently being impressed upon race horse breeders on some one-time famous stud farms.

In addition to its excellence as a table syrup and supplement to milk in infant feeding, fountain drinks, etc., sugar cane juice-lemon syrup is a time-honored folk remedy for such ailments as throat

irritations, coughs, "butterflies" in the stomach, sluggish elimination. Less apparent, but perhaps more important is its effectiveness in righting nutritional imbalance resulting from some dietary deficiency or too much grain and grain-like foods (acid-formers) in the diet in proportion to the greens and greens-like varieties (alkaline ash.)

Nutritional imbalances are the resultant of many factors—stress, emotion, over-exposure to sunshine, over-exertion, as well as an imbalanced diet. The body is essentially an acid-forming machine. Though equipped with automatic mechanisms for maintaining itself on an "even keel," it is unable to withstand the ill effects of an acid-forming diet over a long period of time, regardless of its abundance of all known essential nutrients. This has been strikingly demonstrated in numerous diet-dental caries studies. Such studies were made by the writer and associates at the Pearl Harbor Submarine Base, Hawaii, and the United States Naval Academy at Annapolis, Md. The diets at both places rated "super," scored by accepted standards, and the men at both suffered rampant tooth decay and related ills—the midshipmen developing *three times as many carious tooth areas during the study period* as the average civilian of comparable age. Paralleling the "bad" teeth of our nation are those of our dairy cows whose disintegrating teeth have given rise to a new profession—*denture making* for them! The underlying causes of both probably are the same—insufficiency of really green greens and grasses in the diet.

Where can one get Big Gee Gee Super Syrup? It may be ordered by the case (12/24 oz. bottles) from: Food Products, Inc., 767 So. 23rd St., Richmond, Calif.

Big Gee Gee Syrup (without lemon)

also may be had in case lots from Food Products. (Case: 24/24 oz. cans.)

Made in a sauce-pan for my personal use some five-six years ago (made originally for the babies in my infant-feeding clinic in Hawaii 1929-'36); then for a friend with an ailing throat; then for members of my church suffering assorted ailments, it soon graduated from the sauce pan into a 350-gallon steam-jacketed, glass-lined kettle and began to "trickle" across country and even into Canada—"on its own." Eventually it found itself in a few ministers' and teachers' offices helping their throat troubles; in rest homes and children's clinics; and lately in the office of the *Herald of Health*. Convinced of its merits and nation-wide need for it, Editor Matchan felt impelled to tell *Herald of Health* readers about it. The coast to coast "trickle" seems to be growing into a "ground swell"—judging by the many letters and inquiries I have received, and the "run" on Gee Gee stock. Distribution problems are yet to be solved. A few health food stores and groceries stock it. Perhaps one in your neighborhood might, if requested to do so.

Thank you for your inquiries, and I hope "Gee Gee" supplies that little "something" your diet may lack, as it does for me.

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